

The Bupa Great Edinburgh Run 2010 on Sunday 2nd May is a 10km road run suitable for runners of all abilities aged 15 years and above. Record numbers are expected to take part in the popular event taking thousands of runners on a scenic route round Scotland's historic capital city.

Surname/family name: _____
 First name(s) in full: _____
 Postcode: _____
 Address: _____
 Date of birth: Day _____ Month _____ Year _____
 Daytime telephone no: _____
 Mobile telephone no: _____
 Email address: _____

**ALL APPLICANTS MUST BE AGED 15 YEARS AND OVER ON SUNDAY 2ND MAY 2010
 PLEASE TICK THE BOXES RELEVANT TO YOU AND READ CONDITIONS OF ENTRY OPPOSITE
 All participants are strongly advised to consult their doctor prior to undertaking any exercise programme or running event.**

Are you MALE FEMALE
 Do you have a medical condition about which the organisers should be informed? YES NO
 If so please provide details _____

Estimated Running Time (10K)
 We are continually trying to improve your running experience and are using a wave system. Please complete the information in the boxes provided below.
 Name of event and distance? _____

Please indicate your t-shirt size:
 S (38") M (42") L (46")
 Running club if applicable? _____

Year of event _____
 Race number (if known) _____
 Finish Time _____

Do you have a story or reason for running that would be of interest to the media that you would like to share? If so please attach on a separate sheet of paper with your contact details _____

If your qualifying time was not achieved in a Bupa Great Run event please attach proof of your time on a separate sheet of paper (print out your race result, highlighting your result in the race or alternatively send us a copy of your race certificate).
 Estimated running time: hrs _____ mins _____

Are you a Bupa member? YES NO
 Please contact me with information on Bupa health cover YES NO

Would you like entry details regarding the following?
 Bupa Junior & Mini Great Edinburgh Run (Sunday 2nd May, Boys & Girls aged 3 - 14 Years) YES NO

Where did you hear about this event? _____
 What is your occupation? _____

From time to time Bupa Great Run would like to send you further information on events and service that might be of interest to you. If you DO NOT wish to receive this information please tick this box

Do you intend to walk the course? YES NO

Bupa Great Edinburgh Run - Picture Special and Results Supplement provided by the Edinburgh Evening News, reserve your copies now...

Would you like to run and raise sponsorship for Alzheimer Scotland, Bupa's nominated charity for the Bupa Great Edinburgh Run? YES NO

A Picture Special will be published in The Edinburgh Evening News on Monday after the race. Plus, a Souvenir Results Supplement listing all the finishers names and times (including yours) will be published on Tuesday after the event. For just £1.50, you can receive these two great keepsakes, home delivered to your door.

Are you a member of a fitness club? If yes, which one? YES NO

Tick here to receive your copy with your entry.

Payment Details Including postage. Cheques payable to Bupa Great Edinburgh Run.

Bupa Great Edinburgh Run entry £26.00
 Bupa Great Edinburgh Run & EEN picture special with results supplement £27.50

**Return to: Entry co-ordinator, Bupa Great Edinburgh Run 2010
 Newcastle House, Albany Court, Monarch Road, Newcastle upon Tyne NE4 7YB
 CLOSING DATE FOR ALL PAPER APPLICATIONS - MONDAY 23RD APRIL 2010**

DISCLAIMER I accept all the conditions of the entry and acknowledge that the organisers shall not be liable for death, personal injury, loss or damage as a consequence of my participation in the Bupa Great Edinburgh Run 2010, except with regards to personal injury which is caused by the organisers negligence.

SIGNATURE _____

- 1. Conditions and race instructions**
By entering the run you agree to abide by the Conditions of Entry and any race instructions given to you by the organisers and officials of the Great Run Series.
- 2. For Reasons of Safety**
No entries are permissible from people on roller skates, in wheelbarrows or carrying various objects for charity etc. Children being pushed in pushchairs are prohibited.
- 3. Data Protection**
The Great Run Series complies with the Data Protection Act 1998 and you have the right of access to your personal records held on our computer.
- 4. Your name will be added to our mailing list**
So that we can keep you informed about the Great Run Series, sportswear and other Great Run Series events and services. This information may also be made available to other carefully screened organisations to contact you. You are entitled to withdraw your consent to this process by ticking the appropriate box on your application form.
- 5. Race Numbers**
For safety reasons and primarily for the identification by medical staff, we strictly prohibit the swapping, sale, re-sale or transfer of race numbers in any Great Run event. If you are unable to take part, please refer to our deferment policy within these terms & conditions.
- 6. No pets, dogs, guide dogs or horses.**
- 7. Run Cancellation**
If the event is cancelled or delayed due to unforeseen circumstances, we will endeavour to stage the event at a later date. In such circumstances, we will try to let you know in writing of the cancellation or delay. Our entire liability in respect of all costs and expenses you may incur as a result of such cancellation or delay will be the entry price you have paid to take part in the event.
- 8. Change of address**
If your address details change after you have submitted your application, you must notify Great Run with details of your old and new details and date of birth. Contact info@greatrun.org or write to Great Run, P.O Box 1RY, Newcastle Upon Tyne, NE99 1RY.
- 9. Race Ejection**
Great Run reserves the right to refuse an entrant attendance at, and/or participation in, any Great Run event and/or a Training Run. We are continuing in our mission to organise the world's best, safest and most enjoyable running events and hope you will help us in achieving this. Any participant who is found in breach of these terms and conditions will be excluded from future Great Run events. Please do not put someone else at risk.
- 10. Run mementos**
Only finishers will receive a commemorative medal, t-shirt and certificate. Race numbers are NOT interchangeable. Non-participants are NOT eligible for event mementos. This event is organised by Nova International whose registered office is at Newcastle House, Albany Court, Monarch Rd, Newcastle upon Tyne, NE4 7YB.
- 11. Runner's Welfare**
By agreeing to the terms and conditions you will receive a limited number of Great Run 'Runner's Welfare' emails - which will include training advice, training run information and the latest updates on the event itself.
- 12. Deferment Policy**
A person who has been accepted as an entrant in the event who subsequently decides not to run prior to the event is eligible for a guaranteed place at cost in the following year (no refund is available and the full amount must be paid again at the 2011 rate). The deferment can only take place if the entrant puts their request in writing prior to the event. Please contact info@greatrun.org for a full deferment policy.
- 13. Medical Conditions**
It is strongly recommended that you train for the run and prepare for the challenge. If you have not exercised before or for some time, consult your doctor for a check up. All participants are reminded to complete the details on the back of your race number.
- 14. Collection and Use of Information**
I acknowledge and agree that my personal information (including medical information entered on my race/event/run number or collected by event medical staff during or after the Event) can be stored, used and disclosed by Great Run in connection with the organisation, promotion and administration of the Event and for the compilation of statistical information. If I become ill during or after the event and/or receive medical attention or treatment either from any event medical staff or any doctor or hospital, I authorise such persons to provide my details (including details of medical treatment) to the Medical Director of Great Run events or others authorised by him.
- 15. Use of Image**
By entering the race you give permission for the free use of your name, voice or picture in any broadcast, telecast, advertising, promotion or other medium at any Great Run event.
- 16. Age**
Entrants must be at least 15 years of age on 2nd May 2010.
- 17. Entry Fees**
Entry to The Great Edinburgh Run is £26.
- 18. Wheelchairs**
The race will be staged under IPC rules and self propelled wheelchair athletes must conform to the BWRA minimal classification race system. It is strongly recommended that only experienced wheelchair racers attempt the race unaided. Assisted wheelchair participants will be allocated a race number to assemble at the rear of the field and must ensure their aide is also entered into the race.
- 19. Entry Policy**
Applications will be accepted up to the entry limit of 12000 in the order of date received. Entries will be rejected after the closing date of 23rd April 2010 or earlier should the entry limit be reached before this date. If your entry is accepted, your fee is not refundable unless supported by a doctor's note and if received by 22nd March. All refunds will be liable to a £5.00 administration charge. Refunds will NOT be possible for any other eventuality, however you can defer your entry to 2011 (see deferment policy). Your doctor's note should be sent to Great Run Customer Services, PO Box 1RY, Newcastle Upon Tyne, NE99 1RY. All entries are non-transferable to a different participant. Please do not accept sponsorship until your entry has been formally acknowledged.
- 20. Run mementos**
Only finishers will receive a commemorative medal, t-shirt and finisher's pack. Race numbers are NOT interchangeable. Non-participants are NOT eligible for event mementos.