

Bupa great winter run 2010

The Bupa Great Winter Run for runners of all abilities aged 14 years and above. The event will be part of a day of world class athletics in Holyrood Park, Edinburgh, as the world's best athletes take part in the Bupa Great Edinburgh International Cross Country which is televised live on BBC ONE. The Bupa Junior Great Winter Run will also take place and will start the days events and all the family can stay and watch the live athletics for FREE after their morning of running.

Surname/family name: _____
 First name(s) in full: _____
 Postcode: _____
 Address: _____
 Date of birth: Day _____ Month _____ Year _____
 Daytime telephone no: _____
 Mobile telephone no: _____
 Email address: _____

ALL APPLICANTS MUST BE AGED 14 YEARS AND OVER ON SATURDAY 9TH JANUARY 2010
PLEASE TICK THE BOXES RELEVANT TO YOU AND READ CONDITIONS OF ENTRY OPPOSITE
All participants are strongly advised to consult their doctor prior to undertaking any exercise programme or running event.

Are you MALE FEMALE
 Do you have a medical condition about which the organisers should be informed? YES NO
 If so please provide details _____

Estimated Running Time (5K)
 We are continually trying to improve your running experience and are using a wave system. Please complete the information in the boxes provided below.

Please indicate your t-shirt size:
 S (38") M (42") L (46")

Name of event and distance? _____

Running club if applicable? _____

Year of event _____

Race number (if known) _____

Finish Time _____

Do you have a story or reason for running that would be of interest to the media that you would like to share? If so please attach on a separate sheet of paper with your contact details

If your qualifying time was not achieved in a Bupa Great Run event please attach proof of your time on a separate sheet of paper (print out your race result, highlighting your result in the race or alternatively send us a copy of your race certificate).

Are you a Bupa member? YES NO

Estimated running time: hrs _____ mins _____

Please contact me with information on Bupa health cover YES NO

Bupa Great Winter Run Souvenir Supplement, Reserve Your Copy Now ...

Where did you hear about this event? _____

YOUR name will appear along with your final running time in the Edinburgh Evening News Results Supplement on Monday 12 January. For just £1.50, you can receive a copy of this special Souvenir Edition, a great keepsake, home-delivered to your door. A must-have for every runner (Simply add £1.50 to your overall registration fee).

What is your occupation? _____

Would you like a supplement? YES NO

Do you intend to walk the course? YES NO

Would you like entry details regarding the following?

Would you like to run and raise sponsorship for Alzheimer Scotland, Bupa's nominated charity for the Bupa Great Winter Run? YES NO

Bupa Junior Winter Run (Saturday 10th January, ages 7-13) YES NO

Are you a member of a fitness club? If yes, which one? YES NO

Bupa Great Edinburgh Run (Sunday 2nd May, ages 15 and over) YES NO

Are you an Edinburgh Leisure member? YES NO

Bupa Junior & Mini Great Edinburgh Run (Sunday 2nd May, ages 3-14) YES NO

Payment Details Including postage. Cheques payable to Bupa Great Winter Run.

Bupa Great Winter Run entry £19.00
 Bupa Great Winter Run - Plus EEN supplement £20.50

Return to: Entry co-ordinator, Bupa Great Winter Run 2010
Newcastle House, Albany Court, Monarch Road, Newcastle upon Tyne NE4 7YB
CLOSING DATE FOR ALL PAPER APPLICATIONS - FRIDAY 1ST JANUARY 2010

DISCLAIMER I accept all the conditions of the entry and acknowledge that the organisers shall not be liable for death, personal injury, loss or damage as a consequence of my participation in the Great Winter Run 2010, except with regards to personal injury which is caused by the organisers negligence.

SIGNATURE _____

Terms and Conditions of entry

Conditions and run instructions: By entering the run you agree to abide by the Conditions of Entry and any run instructions given to you by the organisers and officials of the Bupa Great Winter Run.

This event is organised by Nova International whose registered office is at Newcastle House, Albany Court, Monarch Road, Newcastle-upon-Tyne, NE4 7YB. By entering the run you agree to abide by the Conditions of Entry and any race instructions given to you by the organisers and officials of the Great Run series.

Change of address

If your address details change after you have submitted your application, you can login to your profile on www.greatrun.org and change your postal address. Approximately 6 weeks before the event we will start the mailing process and your run pack will go to the address we hold at that point. If you have any queries regarding this please email us with details of your old and new addresses and date of birth. Contact info@greatrun.org or write to Great Run, P.O. Box 1RY, Newcastle Upon Tyne, NE99 1RY.

For Reasons of Safety

No entries are permissible from people on roller skates, in wheelbarrows or carrying various objects for charity etc. Children being pushed in pushchairs are prohibited.

Data Protection

The Great Run Series complies with the Data Protection Act 1998 and you have the right of access to your personal records held on our computer.

Your name will be added to our mailing list

So that we can keep you informed about the Great Run Series, sportswear and other Great Run Series events and services. This information may also be made available to other carefully screened organisations to contact you. You are entitled to withdraw your consent to this process by ticking the appropriate box on your application form.

Race Numbers

For safety reasons and primarily for the identification by medical staff, we strictly prohibit the swapping, sale, re-sale or transfer of race numbers in any Great Run event. If you are unable to take part, please refer to our deferment policy within these terms & conditions.

Run Cancellation

If the event is cancelled or delayed due to unforeseen circumstances, we will endeavour to stage the event at a later date. In such circumstances, we will try to let you know in writing of the cancellation or delay. Our entire liability in respect of all costs and expenses you may incur as a result of such cancellation or delay will be the entry price you have paid to take part in the event.

Run mementos

Only finishers will receive a commemorative medal and t-shirt. Race numbers are NOT interchangeable. Non-participants are NOT eligible for event mementos.

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Race Ejection

Great Run reserves the right to refuse an entrant's attendance at, and/or participation in, any Great Run event and/or a Training Run.

Charity Entrants

If you accept a charity place into an event or choose to raise money for a charity during the entry process we will make your contact details available to the charity concerned.

No pets, dogs, guide dogs or horses.

We are continuing in our mission to organise the world's best, safest and most enjoyable running events and hope you will help us in achieving this. Any participant who is found in breach of these terms and conditions will be excluded from future Great Run, Great events. Please do not put someone else at risk.

Runner's Welfare

By agreeing to the terms and conditions you will receive a limited number of Great Run 'Runner's Welfare' emails - which will include training advice, training run information and the latest updates on the event itself.

Deferment Policy

A person who has been accepted as an entrant in the event who subsequently decides not to run prior to the event is eligible for a guaranteed place at cost in the following year (no refund is available and the full amount must be paid again at the 2010 rate). The deferment can only take place if the entrant puts their request in writing prior to the event. Please contact info@greatrun.org for a full deferment policy.

Medical Conditions

It is strongly recommended that you train for the run and prepare for the challenge. If you have not exercised before or for some time, consult your doctor for a check up. All participants are reminded to complete the details on the back of your race number.

Collection and Use of Information

I acknowledge and agree that my personal information (including medical information entered on my race/event/run number or collected by event medical staff during or after the Event) can be stored, used and disclosed by Great Run in connection with the organisation, promotion and administration of the Event and for the compilation of statistical information.

If I become ill during or after the Event and/or receive medical attention or treatment either from any event medical staff or any doctor or hospital, I authorise such persons to provide my details (including details of medical treatment) to the Medical Director of Great Run events or others authorised by him.

Use of Image

By entering the race you give permission for the free use of your name, voice or picture in any broadcast, telecast, advertising, promotion or other medium at any Great Run event.

Photographs

We make best endeavours to capture a photograph of every participant in a Great Run event but we do not guarantee it.

Conditions and run instructions: By entering the run you agree to abide by the Conditions of Entry and any run instructions given to you by the organisers and officials of the Bupa Great Winter Run.

Age limits: All participants must be at least 14 years of age on 9th January 2010.

Entry fees: £19 for all UK residents. Applications will be accepted up to the entry limit of 5000 in the order of date received. Entries will be rejected after the closing date of Friday 1st January 2010 or earlier should the entry limit be reached by this date. Consult your bank statement for confirmation of race entry.

Entry fees: If your entry is accepted your fee is not refundable. Refunds will only be eligible if supported by a doctor's note and if received by 13th November 2009. All refunds will be liable to a £5.00 administration charge. Your doctor's note should be sent to Great Run Customer Services, PO Box 1RY, Newcastle-upon-Tyne, NE99 1RY. Refunds will not be possible for any other eventuality.

Wheelchair entrants: This race is not suitable for wheelchairs.

Blind Runners

Entries from blind or visually impaired runners are welcome, however all such participants must be accompanied by another paying entrant. It is strongly advised that the blind runner and his/her guide should be appropriately identified, and must be linked together.

Race number exchanges

All enquiries relating to the non arrival of race numbers or lost race numbers that are handled in person at the Information Desk must be accompanied by appropriate photo ID. We will not be able to consider any such enquiry unless it is supported by the appropriate identification.

